Welcome to the

Facility Engagement Showcase oct 23-24





The Specialist Services Committee, a partnership between Doctors of BC and the BC government, acknowledge that we work on the traditional, ancestral, and unceded territories of many different Indigenous Nations throughout British Columbia.

Acknowledging that we are on the traditional territories of First Nations communities is an expression of cultural humility and involves recognizing our duty and desire to support the provision of culturally safe care to First Nations, Inuit, and Métis people living in BC.

The Interior region is home to the traditional, ancestral and unceded territories of the Tŝilhqot'in, Secwépemc, Dãkelh Dené, St'át'imc, Syilx, Nlaka'pamux, and Ktunaxa Nations, comprised of 54 First Nations Communities.

There are 15 Métis Chartered Communities within the Interior region.







Pamela & Wilfred (Grouse) Barnes

Syilx (Okanagan) Elders and members of Westbank First Nation







For Our Time Together

- We will work to be present and value each others time together.
- We will be both reflective and future focused.
- Acknowledge we may have different needs and that's ok.
- Appreciate the wisdom in the room and the opportunity of being together.







Agenda

08:30-09:00	 Welcome/Opening Remarks Anthony Knight Chief Executive Officer, Doctors of BC Dr. Ahmer Karimuddin President-Elect, Doctors of BC Dr. Glenn McRae Vice President, Quality, Research & Academic Affairs, Interior Health
09:00-10:00	Keynote Speaker - Dr. Robert McDermid Co-creating the Future: Common Ground, Conscious Choice, and Compassionate Leadership
10:00-10:15	Break
10:15-11:15	MSA Rapid-Fire Panel Presentations
11:15-12:30	Regional Engagement Panel Presentations Topics: Physician Quality Improvement & Spreading Quality Improvement, Planetary Health, Patient Transportation, Gender Equity, & Medical Staff Health and Safety
12:30-13:30	Lunch
13:30-14:15	Keynote Speakers - Dr. Daisy Dulay & Kristy Wolfe From Shame to Strength: Transforming Inhibition into Empowerment
14:15-14:30	Break
14:30-15:30	Facility Engagement: Where We've Come From & Where We're Going
15:30-16:00	Facility Engagement Interior Awards
16:00-16:30	Wrap Up & Evaluation







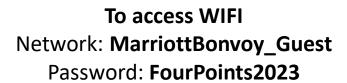
Other Logistics



















Facility Engagement Showcase OCT 23-24

Anthony Knight Doctors of BC, CEO







Dr. Ahmer Karimuddin Doctors of BC, President-Elect







Dr. Glenn McRae

Interior Health, Vice President Quality, Research & Academic Affairs







Co-Creating the Future:

Common Ground, Conscious Choice and Compassionate Leadership

Dr. Robert McDermid Keynote Speaker







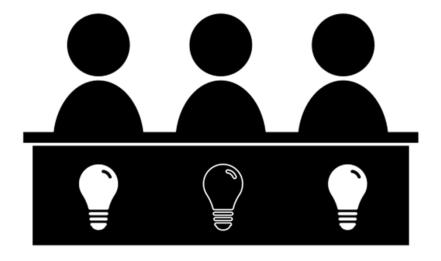
BREAK TIME







Facility Engagement Showcase OCT 23-24



MSA "Rapid Fire" Panel Presentations





Facility Engagement Showcase OCT 23-24

Panel Discussion Topic #1

FEI First Nations Cultural Sensitivity Enhancement

- 100 Mile House District General Hospital
- Dr Bruce Nicolson

Encouraging Engagement Project

- Invermere & District Hospital
- Drs Michael J Walsh

Physician Waffle House

- Vernon Jubilee Hospital
- Dr Kira McClellan

Enhancing Engagement









First Nations Cultural Sensitivity Enhancement

Dr. Bruce Nicolson 100 Mile House



Project Purpose

To address a current need for improved understanding of First Nation culture as it relates to health care provision.

To establish a template of cultural experience that may have useful application in other small rural communities.

GOALS

To nurture an ongoing productive alliance amongst health care partners (First Nations, Primary Health Care Providers and Health Authority) as we move forward with primary care transformation.

To improve health care outcomes for our local First Nations population through an educational experience co-designed by the Canim Lake (White Feather) Health Facility and 100 Mile House Primary Care Providers.



Project Impact

OMH Facility Impact #1

This directly influences positive change for the medical staff work environment and patient care.

OMH Facility Impact #2

Supports all physicians in all disciplines.

OMH Facility Impact #3

Supported by the Health Authority to explore education and resources to engage in culturally safe approach in their day-to-day practice.



Results

We were welcomed by an enthusiastic group of First Nations people including Gladys Rowan and Margo Archie who were the primary First Nations speakers/presenters and organizers. The remainder of the 20 or so First Nations people assembled include a number of elders as well as council members singers, drummers, smudgers, and the White Feather staff. First Nations youth were also present.

We had 4 doctors turn out. Dr. Omer, Dr.Patel, Dr. Montgomery, and myself. Dr Omer and myself car-pooled with Dr Patel and Dr Montgomery each following in their own vehicles. We left 100 Mile at 0930 hrs to arrive at White Feather Clinic at

Following a greeting and land recognition ceremony that included drumming and singing we went through introductions and a formal greeting by one of the elders. We then proceeded to the Arbor where we participated in a smudging ceremony with more singing and drumming.

During the meal we had an amicable discussion with our First Nations hosts who were keen to work with us to move forward together along a path of harmonious comanagement of primary health care. As one of the elders eloquently stated we will be greeted and treated as family. We all agreed to use foundation upon which to build an ongoing active relationship to improve knowledge and develop trust and respect.







Dr. Michael J Walsh and Dr. William Brown Invermere Hospital



Project Purpose

- Reengage with our members and better understanding their passions, goals and interests as well as barriers to MSA involvement and work
- Develop a framework of future projects and work our local MSA is interested and willing to do
- Motivate others members to get involved and do some of the work, instead of the "same docs"
- Move away from traditional project work at a time when IHA partners absent in body and/or spirit



Project Impact:

- 1. improved physician participation in MSA work
- 2. Personal growth and better understanding of each other thru behavioral assessment tools
- 3. Improved skillset of change behavior tools

Two Lessons Learned:

- 1. significant variation in physician personality types, enablers and goals explains why movement and success can be slow.
- 2. Engagement with the disengaged is hard, but very rewarding



Panel Discussion Topic



Reconnecting physicians through the use of an independent online gathering place.

Dr. Kira McClellan
Vernon Jubilee Hospital Physician Society

Sharon Hughes-Geekie Program Director, VJH Physician Society



Why

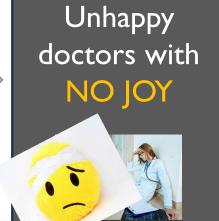






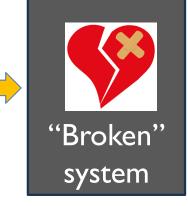










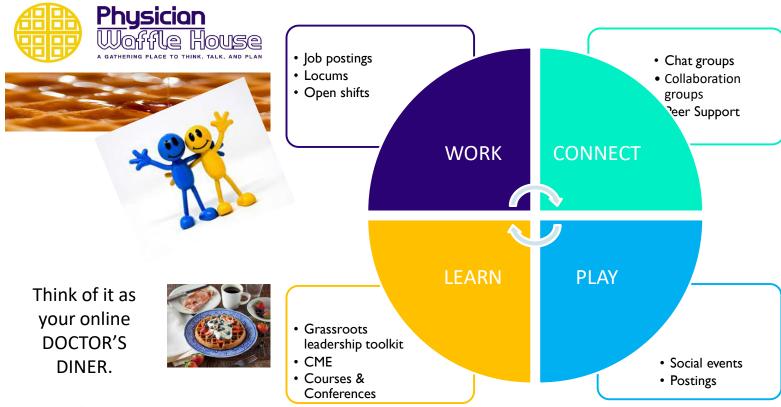








What







ECRUITMENT STRATEGY

How









Environmental scan What's out there?

March 2023

Physician Engagement
Listen to your users. They are your experts.

June-August 2023

City of Vernon

Sept-October 2023

Funding

Brand PIVOT!!

Web Designer

Leadership buildout



Then ask again.









Shuswap Lake General Hospital MSA Queen Victoria Hospital MSA









Panel Discussion Topic #2

Improving Surgical Optimization and Pre-Surgical Education for Orthopedic Patients

- Kelowna General Hospital
- Dr Lane Dielwart

Making the ER "kid" friendly

- Golden & District Hospital
- · Dr Jennifer Woolsey & Lindsay Sutton (PM) on behalf of Dr Adam Watchorn

Trauma-Informed Hospital Care

- Kootenay Lake Hospital (video)
- · Tanya Momtazian (RM),

Improvements in Care









Dr Lane Dielwart KGH Physicians Society



Project Purpose

- ✓ Create information for orthopedic patients to access prior to surgery
- ✓ Material published on website for joint and bone health for online access
 - ✓ Inform patients of what to expect for their surgery and rehabilitation
 - ✓ Opportunity to introduce surgeon to patient prior to procedure







Making the ER 'Kid Friendly'

Dr. Adam Watchorn- Physician Lead Golden and District Hospital



Project Purpose

- To create a space in the emergency department that is 'kid friendly.'
- Emergency departments can be a scary and stressful place for children, especially when they are hurt, feeling unwell or requiring a painful procedure. Creating a safe and welcoming environment for kids was the primary goal.





Project Impact

Physicians, IHA administration and nurses worked together to create a vision for this space. This project boosted staff and patient morale.

Creating this space has given the GDH staff a space they enjoy caring for children in.

Media recognition led to local donations.

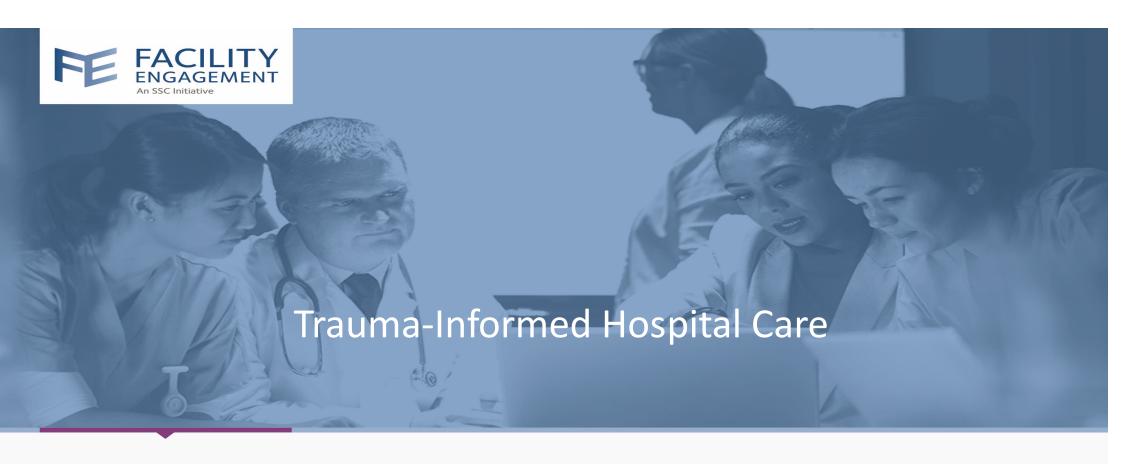
Two Lessons Learned

- Any changes to the Golden and District Hospital need to adhere to Interior Health guidelines and standards.
- A small project like this can boost staff moral and improve our patients' experience. Children now request this room.



Any questions or for more information, please email goldenfeipc@gmail.com





Tanya Momtazian, RM

Kootenay Lake Hospital







Facility Engagement Showcase OCT 23-24

Panel Discussion Topic #3

Electroconvulsive Therapy (ECT) as a Treatment Modality

- · Royal Inland Hospital & Hillside
- Karen Vogel (PM)

Recruit, Retain, Retire

- Creston Valley Hospital & Health Centre
- Dr. Johnny Chang & Dr. Atma Persad

Role of the Rural Physician in the Boundary

- Boundary & District Hospital
- · Dr Max Liu

Physician Recruitment & Retention









Karen Vogel, Program Director
Royal Inland Hospital and Hillside Physician Association



Project Purpose

- To attract more psychiatrists to ease workload and ensure sustainability
- Contracted an expert. Dr. Caroline Gosselin to provide up-to-date information and education to the Hillside psychiatrists.



Project Impact

- Better patient outcomes
- Safer clinical decision making
- Increased knowledge for physicians

Two Lessons Learned

- 1. ECT is an essential treatment modality available to psychiatrists
- 2. Improved engagement resulting in a larger group of psychiatrists able and interested in sharing the ECT rotation



Dr. Johnny Chang

Dr. Atma Persad

Creston Valley Hospital and Health Centre



Project Purpose



Proactive Recruitment with input from every Creston clinic



Build relationships with the Health Authority, and ensure physicians are practicing efficaciously, with a healthy balance



Investigate ways in which retirement can be flexible, individual and gradual if desired



Project Impact



In the past 3 years have successfully recruited 4 physicians.



Instituted a Creston "hospitalist model" that has improved patient care and improved work/life balance for physicians



2 physicians who have served the community for many years have been able to "retire" but still continue to provide the care they love to do on a part-time/locum basis



Lessons Learned



Positive relationship building with the Health Authority has been affected by a sustained change in middle management personnel



Change needs to be agreed by all. FEI has afforded the Creston physicians the time and space to ensure all come along on the journer



Dr. Max Liu Boundary Hospital, Grand Forks



Project Purpose

- Define what is FTE for a GP in a rural area and how many FTE are needed.
- To cultivate consensus on a clear and fair method to keep the ER staffed.
- Craft a clear mission statement for recruiting and to pass on to future recruits.

ROLE OF THE RURAL PHYSICIAN IN THE BOUNDARY:







PART 1: PRINCIPLES AND RESPONSIBILITIES OF MEDICAL STAFF

PHYSICIAN MISSION STATEMENT

The Boundary Physician Medical Staff Team is committed to providing full service patient care. Collegiality, trust, mutual respect and collective responsibility helps to ensure the health and wellbeing of our community, our colleagues and our families. We live where we work and we care about who we serve and how we do it.

OUR HISTORY

The Boundary has a rich history of full service patient care provided by physicians who are willing to work together, making a meaningful difference in the health and wellbeing of the community. Working and living with those you serve demands a level of commitment and participation unlike urban practice. As a small team of practitioners, we continue to evolve to meet the demands of increased primary care needs alongside an escalating complexity that all involved in healthcare face. As the healthcare landscape shifts we aim to shift with it, coming together to meet the challenges and opportunities with both commitment and innovation.

EXPECTED ROLES AND RESPONSIBILITIES OF PHYSICIAN MEDICAL STAFF

All physician medical staff are expected to perform a set of core responsibilities for their patients in the Boundary region. Specifically, the physician medical staff are committed to maintaining 24/7 staffing of the BDH Emergency Department. Additional skills are encouraged and supported, and are based on the skills and interests of the provider as well as the changing needs of the community.

CORE RESPONSIBILITIES

- Family Practice
- Long Term Care
- In Patient Care
- Emergency Department

ADDITIONAL SPECIAL SKILLS

- which differ per physician

- Administration and Business Skills
- Oncology
- Maternity
- Addictions
- Chronic pain

- Cardiology
- End of life Care
- Teaching
- Additional skills as needed

ROLE OF THE RURAL PHYSICIAN IN THE BOUNDARY:







PART 2: AGREEMENTS AMONGST MEDICAL STAFF - REGIONAL AGREEMENTS

SITE LEADERSHIP

MEETINGS

We commit to meeting when we need more time to surface commonalities around issues when there are many diverse options.

 Soliciting one on one positions on issues can work at times, but when there are too many opinions - best to pull the group together.

We commit to a quarterly physician dinner/discussion to give the members time to surface thorny issues or raise difficult topics.

 Leadership means putting difficult conversations on the table.

COMMUNICATION AVENUES

There are multiple avenues/confidential pathways to raise issues and find ways forward. Make clear to all MSA members that they can raise difficult issues at:

- Tuesday Meetings
- · Quarterly dinner/ discussion events
- MSA Meetings
- Privately with Chief of Staff and/or President of the MSA

GROUP NORMS

We take collective responsibility to:

- Put difficult issues up for discussion, not shying away
- Stay engaged, being willing to experiment
- · Abide by our co-created agreements
- Manage conflict as it arises, following up if relationships are getting injured

DECISION MAKING FRAMEWORK - CONSENSUS

The Boundary Physician group has agreed that consensus is the preferred method for decision making when the content affects the majority of the group.

Simple guidelines

- Frame the issue and call the question or proposal "into the room"
- Use "pulse checks" to get a sense of where the group is leaning on a proposal and to flush out concerns
 - Expedient to use "thumbs up yes to ahead, thumbs sideway - need more info/have concerns, thumbs down opposed"
- Do a round to call on each member to name their agreement, concerns or disagreement with the proposal - "tell me more, tell me why"
- Consensus takes time and may take multiple rounds to get to a proposal that will be accepted.
- When approaching consensus, ask "Can you live with this?" as some people may not like the path forward but are willing to concede for the sake of the group and to avoid inaction.
 General Guidelines Consensus.

PHYSICIAN RECRUITMENT

It is understood that as a rural community decisions made at any level of the system (MOH, IH, MSA, PCN, Clinic, Individual Practitioner) impact all other levels. In light of this, the physician group seeks to discuss, inform and influence decisions as a regional body, making clear where final decision making authority rests.

- It is prudent for the MSA to discuss recruitment needs, number of practitioners and expectations of new MSA members to better inform decisions made at the community, clinic and individual level. Final decision for a new recruit to a clinic is made by the clinic but it will be more successful with information from their peers.
- It is important that all new recruits are aware of the shared responsibility to the ER as one of the factors of being a rural practitioner.



Project Impact

- Created defined roles and responsibilities for rural physicians in Grand Forks.
- A framework of how physicians make decisions together.
- Defined who we are and what we stand for to pass on to future recruits.

Lessons Learned

- Improved relationship and commonality among physicians.
- The ability to create consensus.

Regional Engagement Panel Presentations









IH Physician Quality Improvement Program

Jim Graham, Manager, PQI/SQI/Alumni October 24, 2023



Physician Quality Improvement Mandate

To engage physicians by providing access to quality improvement (QI) education and expertise, increasing physician capacity for involvement in QI projects to enhance the delivery of quality patient care.



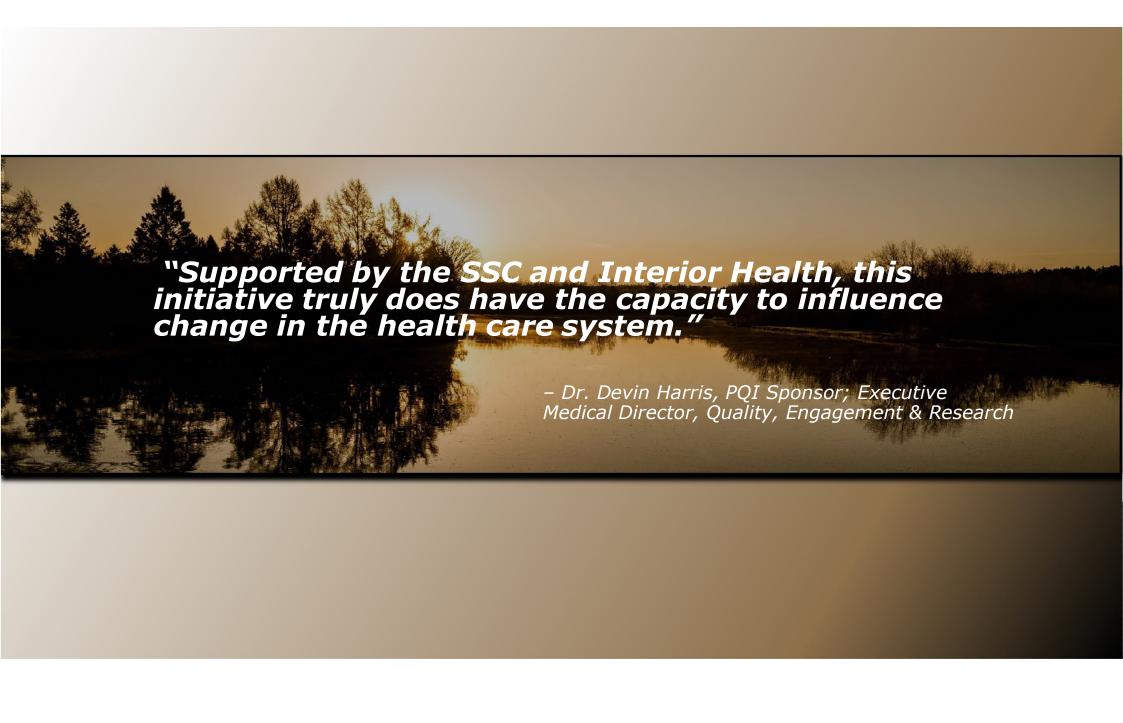
PQI Objective

"Work in collaboration with health authorities to enhance physician capability in QI by providing training and opportunities to act on QI activities for the overall purposes of creating a QI culture within the physician community"

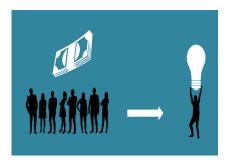








Components of PQI



Funding for physician QI training and sessional time related to developing their project idea through PIP.

Technical Support including Quality Improvement Consultants, Data Analyst, IMIT Consultant, Privacy Liaison, etc.

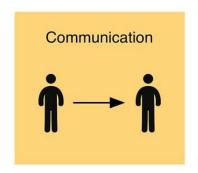


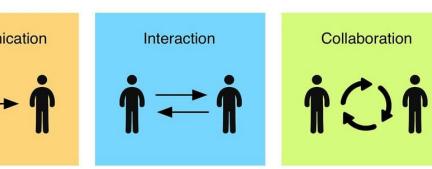


Education including a multi-level approach to Quality Improvement methodology, leadership, and systems thinking.

Components of PQI

- **PQI Physician Advisor & Mentors** to coach and mentor physician colleagues during their QI learning journey and project progression.
 - **Dyad Partnerships** to foster collaboration between physicians and their IH partners to influence real change.



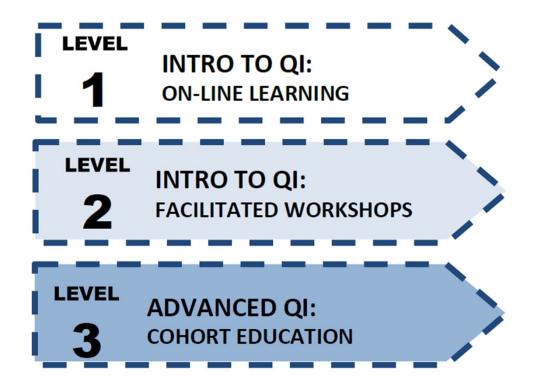








Tiered Options







Level 3: IH PQI Cohort

FLAGSHIP PROGRAM

- In-person/hybrid learning sessions including graduation ceremony
- Applied learning Develop your QI idea into a project plan during the course of this program (approx. 10 months)
- "Real-time" coaching from PQI Consultant and team
- Stakeholder Engagement / Participation
- Sessional Support for Education and Project Development
- Coaching from experienced Patient Partners





Previous QI Projects

Project Improvement Ideas

Improving the Quality of Simulation Education	Improving Staff Efficiency in Supporting Oncology Patients
Improving Timeliness of Code Blue Response	Increasing the Frequency of MRP Goals of Care Conversations in Long Term Care
Improving Chest Pain Management in the ED - Care Pathway	Improving OR Utilization and Accessibility for Elective and Emergency Caesarean Sections
Improving Coordination and Integration of Rural Post-Partum Services (Physicians, Midwives, Public Health)	Primary Care Paramedic (PCP) - Collaborative Heart Attack Management Program (CHAMP)
Improving High School Youth Participation in Their Own Health Services through a School Based Medical HUB	Surgical Pain and Symptom Mangement

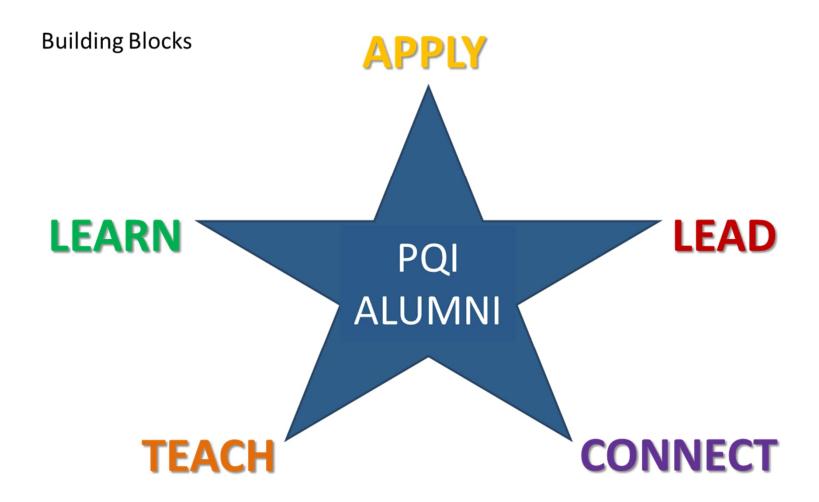




Alumni Strategy 2023-25











Supporting the Potential: Alumni Plan

- Apply: Create and support alumni coaching & mentoring program
- Learn: Hold an annual IH Alumni Summit, Journal Club, Cohort Corner
- Lead: Create opportunity for leadership in spread and post-PQI
- Teach: Steady growth in level 3 faculty. Level 2 to be delivered by alumni faculty
- Connect: Support closer ties with provincial alumningroups, Synergy Hub and SHARCS



Spread Quality Improvement

- Initiative created to fund and support successful QI projects related to SSC work or Share Care (primarily PQI)
- Spread of best practices will occur site to site
- Project teams will receive QI education and project support from SSC spread Leaders (Drs. Daisy Dulay and Lee Ann Martin)
- Plan for eventual transition of project to Health Authority oversight



Spread Support

- Independent budget for each project
- Expert coaching from Spread Leader and Manager
- Access to experienced Physician Spread Advisor
- Administrative support
- Data Analytics
- Sessional funding for physician leads/members
- Project expenses



Questions?



To register, apply, nominate a physician, or for more information, contact: pqi@interiorhealth.ca





Medical Staff Safety & Wellness Rob Mitchell

(Leader, Medical Staff Safety & Wellness - Interior Health)





Land Acknowledgement

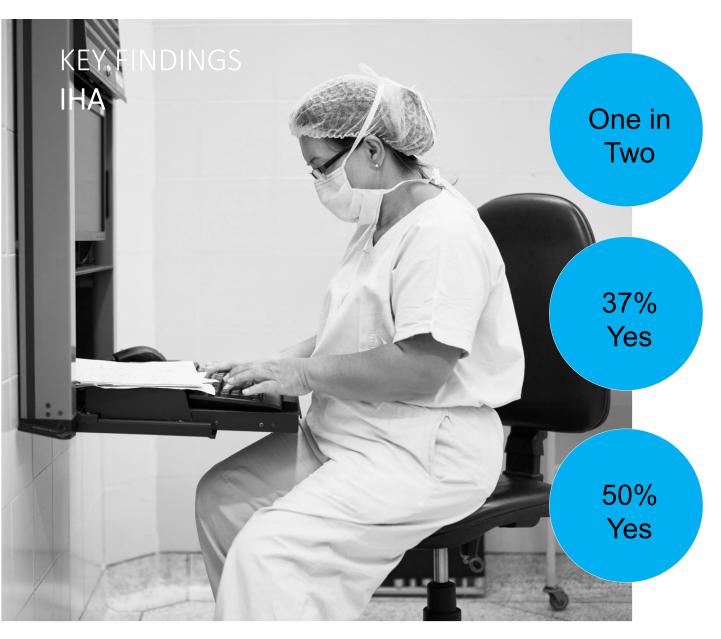
Interior Health would like to recognize and acknowledge the traditional, ancestral, and unceded territories of the Däkelh Dené (Ka-Kelh – De-ney), Ktunaxa (Tun-ah-hah), Nlaka'pamux (Ing-khla-kap-muh), Secwépemc (She-whep-m), St'át'imc (Stat-liem), Syilx (Saay-ilks), and Tŝilhqot'in (Chil-co-teen) Nations where we live, learn, collaborate and work together.



What is Medical Staff Safety & Wellness?







Half of respondents continue to be impacted by physical or psychological safety incidents (+3%)

Experienced a physical safety incident over the past twelve months.

- 182 experienced 1-5 incidents
- 26 experienced 6-10 incidents
- 33 experienced 11-50 incidents

Experienced a psychological safety incident over the past twelve months

- 212 experienced 1-5 incidents
- 63 experienced 6-10 incidents
- 42 experienced 11-50 incidents

What is Medical Staff Safety & Wellness?

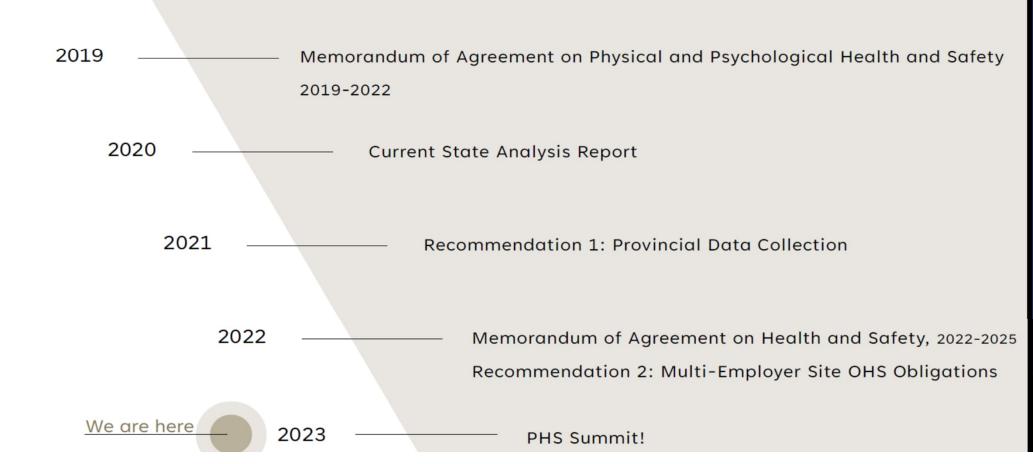
- Ensuring the physical and psychological safety of doctors in their workplace
- Physician Health and Safety Agreement; Renewed in the 2022 Physician
 Master Agreement, the PHS Agreement continues to provide physicians
 with the opportunity to be included in widespread systemic change to
 better support physical and psychological health and safety in the
 workplace. (Source; Doctors of BC Website)



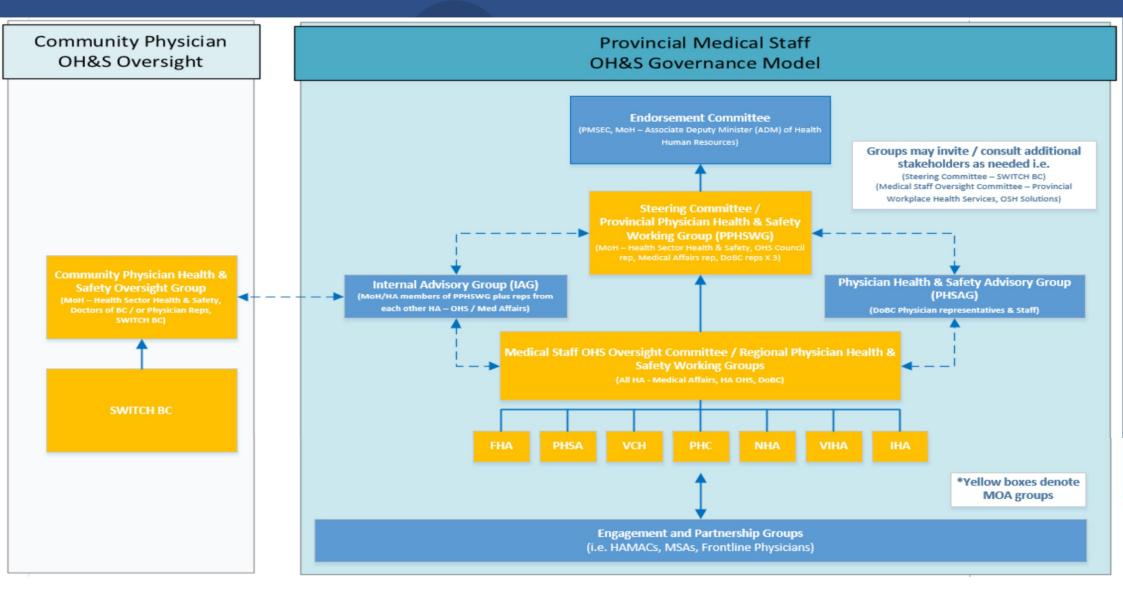


Provincial Medical Staff Workplace Health & Safety Timeline

TIMELINE



Provincial Medical Staff Workplace Health & Safety - Governance









- Executive Medical Director Quality, Engagement & Research Dr. Devin Harris
- Executive Medical Director Physician Engagement & Resource Planning (vacant)
- Physician Co-lead MS WHS / DoBC Physician Representative Dr. Michael Ocana
- Director, Physician Engagement, Planning & Leadership Development Jarnail Dail
- Corporate Director, Workplace Health & Safety (IHA WH&S) Lana Schultze
- Manager, Health, Safety & Prevention (IHA WH&S) Shannon Campbell
- Regional Advisory and Advocate (DoBC) Brent Weiss
- Doctors of BC Director, Physician Advocacy Rob Hulyk
- Leader, Medical Staff Workplace Health & Safety Rob Mitchell
- Guests ad hoc

Where are we now? Pilots and Planning





Collaboration







Site:

Medical Leadership (Local MSA, COS, Department heads etc.) Site Administrative leadership dyads & managers, Facilities Engagement local knowledge



Health Authority:

Leadership, Navig8 Medical Leaders, Networks, Regional supports (Protection services, Simulation, Physician Payment etc.), Employee WHS



Provincial:

Doctors of BC, SWITCH BC, Ministry of Health, Health Authority collaboration



Funding:

PHS Agreement/MOA, Health Authority, FE, MSA CME, Rural, Health System Redesign









Physical Safety:

Violence Prevention (online and pilot in-person 3 step), site safety, individual training, team training, reporting



Psychological Safety:

A supportive & psychologically safe work environment, peer to peer support, personal resources, site interventions



Being Practice Ready (Job Ready):

FIT testing, BBF, PPE, immunizations, reporting and tracking systems



Governance/Strategic Partners & Alignment:

Site contact, IH employee WHS, IH MS WHS Working Group, Doctors of BC, SWITCH BC, Ministry of Health





Challenges

Prioritize, phased approach, with urgency but...understanding from medical staff that mature system takes time

Complexity

Existing Gaps

- Needs of physicians
- Existing groups: PMSEC, HEABC, OHS, etc.
- Newly involved groups: SWITCH BC, Health Authorities, etc.

- Cultural
- Psychological Safety

Transformation

Finding a shared Vision

- Adverse event processes
- Data systems
- Structures & Service Delivery
- Capital Planning/Built environment

Where are we going? What does Success look like?

MSSW Services for Medical Staff - An environment where medical staff are:

- Physically safe (Violence Prevention, site safety)
- Psychologically safe (workplace culture, peer support, antiracism/gender)
- Practice Ready for safety (incident response and reporting, data systems, FIT, Immunizations, WorkSafe registration etc.)









Next Steps

Phase 1 COMPLETE (2019-2022 PMA) Phase 2 CURRENT (2022-2025 PMA) Phase 3 FUTURE (2025+ PMA)

- Projects
- Discovery
- Relationship building
- Pilot planning

- Service delivery development and pilots
- Pilot completion and evaluation
- Provincial and regional collaboration
- Expansion planning/Structure
 Pilot
- Data MS WHITE

 Mature service delivery regionally & province-wide

How to get involved in Medical Staff Safety & Wellness

- COS/MSA Presidents
 - Dyad Partners
- Navig8 participants (Projects/Mission Impossible, In-person session April '24)
 - Anything to add? Rob Mitchell

(Leader, Medical Staff Workplace Health and Safety) rob.Mitchell@interiorhealth.ca 250-215-0198





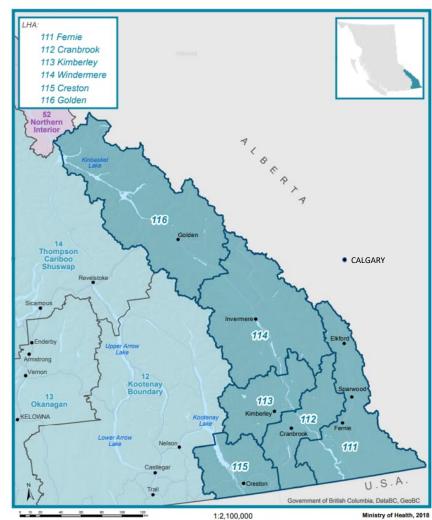


Dr Todd Loewen, East Kootenay Senior Medical Director Patti King, East Kootenay Engagement Partner



HSDA: 11 East Kootenay





he B.C. Minotly of Health developed the Community Health Service Area (CHSA) and Local Health Area (LHA) geographic boundaries for administrative purposes and the second services are second services are second services and the second services are second services and the second services are second services are second services are second services and the second services are second services are second services are second services are second services and the second services are second services are



5 Patient transport

Identify and communicate best practices for current state

 Offer IHA-wide communication brief on current state, IHA's consultation underway, and anticipated changes. (IHA)

Provide feedback for future changes

- (From Kimberley Regional Meeting): Form
 East Kootenay regional working group to
 explore pilot project accessing regional Facility
 Engagement Initiative (FEI) funds on patient
 transport to improve experience for local
 physicians and to build relationships between
 smaller sites and regional centre. (IHA and EK
 MSAs)
- Distribute trauma transfer report and provide feedback to Dr Norm Kienitz prior to going to Patient Transport Network. (IHA and MSAs)
- Identify best practices and target waste in transport processes. (All)

From Regional Roundtable:

Establish East Kootenay pilot project accessing regional Facility Engagement Initiative funds on patient transport to improve experience for local physicians and to build relationships between smaller sites and regional center (IHA and EK MSAs)





Committee Formed



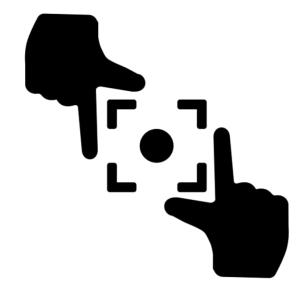
- Comprised of physician representatives of all 5 EK MSAs, Project Staff, IHA representatives, BCEHS, Provincial WG representative, other stakeholders ad-hoc
- Developed Terms of Reference
- Co-Chairs: Physician/MSA rep & IH HART EK Team Lead



2018/2019

Determined Committee's Scope

- Environmental Scan
- Research Review
- EK Roadshow





Strategic Priorities

- 1. To build the Committee's knowledge and understanding of the issues impacting patient transportation in the East Kootenay region and disseminate this information across EK facilities to build knowledge and capacity.
- 2. To effectively measure the current state of patient transportation in East Kootenay and identify the key factors of what is working and what is not
- **3.** To build and support the capacity of interdisciplinary teams at the rural sites to maintain care of more complex patients in order to reduce transportation needs and overcapacity at regional site
- **4. To cultivate a collective voice** of East Kootenay medical staff and regional stakeholders to inform and influence policy makers.



Regional Meeting with BC Emergency Health Services





Red Data Collection

 EKRH data collection with plan to expand to all rural sites to identify trends/problem areas.

Educational Opportunities

 Develop list of education opportunities available and spread successful SIMs projects to other sites

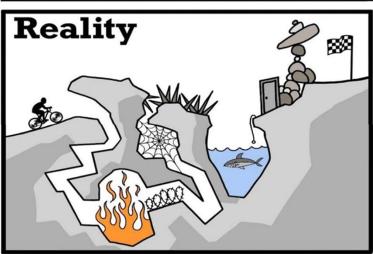
Transport Roadshow #2

 Bring BCEHS presentation and HART to all EK rural sites



Covid-19 Pandemic







Re-Connecting



East Kootenay Patient Transportation Committee

UPDATE

Spring 2021



BCEHS has an extra plane for the Covid surge

There are now 3 planes stationed in Kelowna to move patients on a daily basis, and that has helped getting patients out of the EK corridor faster. Overall, air transport to Kelowna has improved.



ighway 1

Full closure expected between Field and Golden to run between April 12 — May 14 which will re-route traffic along highways 93 and 95, through Radium. It's expected that ambulances will be able to get through the area with an escort when needed. Interior Health, BCEHS and Alberta stakeholders will be monitoring the situation and evaluating on an ongoing basis as required.



Virtual simulation training

Most EK sites have tablets in the trauma rooms with HART number added and ROSIE program set up (quick links located in Contacts). Please note, investigation is underway to add this resource for Invermere hospital.



Neonatal Emergency Transfers

One important update for rural sites regarding neonatal transfers is to be sure ALL calls that require higher level of care are logged through the PTN process. If ITT is unavailable or delayed, please request HART site support.



BC/Alberta Agreemen

It's important to remember there remains a No Refusal agreement in place with Alberta and they have committed to continue to receive red transfer patients during COVID from the EK corridor.



We want to hear from you!

If you have any concerns, feedback, comments, or patient transport-related stories or experiences (good or bad), please reach out to your MSA's representative on the EK Patient Transportation Committee

Dr. Nerine Kleinhans Dr. Barry Oberleitner

Dr. James Heilman Dr. Errin Sawatsky

Elk Valley Dr. David McBeath Golden
Dr. Bruce McKnight
Dr. Trina Larsen Soles

Invermere Dr. Edward Schaffer

You can also contact

Kevin Jarva - HART Team, Interior Health at kevin.jarva@interiorhealth.ca

Patti King - Engagement Partner, Doctors of BC at pking@doctorsofbc.ca



2022 - 2023

Agitation in the Emergency Department Sessions

- Offered to rural site physicians, allied health and administrators
- Presentations on managing agitation, Mental Health Act and Form 4 processes
- 2-way communication





Mental Health - One Pager

East Kootenay - Psychiatric Support for Rural Sites 2023

FOR PSYCHIATRIC EMERGENCIES



- ON CALL EK Psychiatrists
 - Contact via switchboard at EKRH
- Be sure to follow the Medical Assessment of Psychiatric Potients in the Emergency Department, LLTO Psychiatric Emergency flowsheets and Medication Guidelines for Psychiatric Emergencies. See reverse for Psychiatric Behavioural Emergency LLTO Decision Tree
- Remember: If safety can be maintained, you may need to keep patient at your
 rural site until space is available in the referral centre or they have stabilized
 and can be discharged with local resources and follow up.
 - If patients need to remain at your hospital, on-call psychiatry is there to support your team.
- EK HART Team: If you anticipate a patient transfer or need site support you can contact the HART team (Day Cell:250-919-4054, Night Cell:250-919-1743).

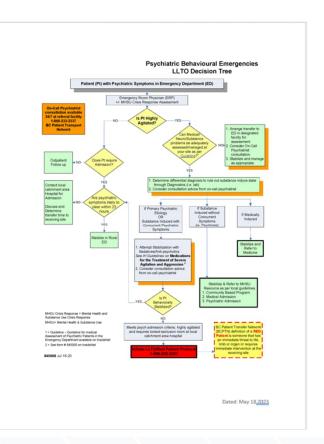
FOR NON-EMERGENCY PSYCHIATRIC SUPPORT (ADVICE, HELP, INFORMATION)

- Between 8 am to 4 pm you can contact EK Psychiatrists Dr. Khosroshahy and Dr. Shope
 - Note: morning calls after 9:30 am MT recommended when possible.
 This is to ensure psychiatrists have completed morning rounds and are aware of bed availability at EKRH.
- For non-urgent referrals Refer to outpatient care through regular intake



- For consultation or advice on current patient of EK Psychiatrists, contact their office during office hours. Email or send fax to 250-417-5180.
- Elk Valley, Invermere Virtual support available (via usual referral process)
- o For Cranbrook, Creston and Golden: Telepsychiatry Consultation Sencice available from Dr. Fatima 2000pi, in Kamloops. Note: these are fones time: Consultations to help in making diagnosis/guide treatment. Goal is to provide enough information so referring physician can carry treatment plan forward. Not for ongoing care.
- For guidance on a patient that is NOT currently a patient of the EK psychiatrists, consider contacting the RACE Line at: 1-877-696-2131 Mon-Fri 0800-1700 PT
- For mental health issues related to pregnancy/post-partum there is a
 provincial referral process and virtual-based assessment and follow up. Note –
 there is often a wait for patient to be seen. Referral form link here,

Dated: May 18<u>2023</u>





Key Learnings & Impacts

Statement	
Participation at the meeting / committee was informative and contributes to regional priorities.	100%
Continued participation at the meeting / committee will contribute to change and improve relationships and collaboration at regional level.	100%
Continued participation at the meeting / committee will contribute to enhanced MSA collective voice in health system planning and decision-making.*	100%



Committee Feedback

"Having a collective voice has made a difference. This group also matters provincially because it's grassroots action at a local level."

"It's helped us to liaise better with stakeholders and service providers with a collective voice."

"Some things are out of the Committee's control, but we are having an impact and stakeholders are listening."

"Patients are winning as we learn and get to know each other better."

"Sending representatives (to provincial Rural Transport Workshop) and having a group to bring information back to was valuable." "I think there is real value in this group being used to disseminate information to the communities of the East Kootenays and help organize sessions like the roadshow, as well acting as a collective voice when appropriate."

"Building the relationships together and identifying common challenges helps us to navigate the system better."

"A place to have a voice."

"I've learned things I didn't know before."

"Better together than on our own."



Peer-to-Peer Learning

Ideas and strategies you can use



Knowledge Sharing

How are we collaborating for regional action?

The East Kootenay Patient Transportation Committee has created a collective, united voice for change

"Change is more effective when you've got united voices, and when we have the issues clearly identified so that we can figure out how to fix them." - Dr Trina Larsen Soles

"Change is more effective when you've got united voices, and when we have the issues clearly identified so that we can figure out how to fix them." - Dr Trina Larsen Soles



Dr. Shelina Musaji Women in Medical Leadership – CMA Joule Course





Dr. Shelina Musaji

KB Facility Engagement Regional Gender Equity Table









Dr. Kyle Merritt, Kootenay Lake Hospital MSA

Dr. Sue Pollock, IH Medical Health Officer

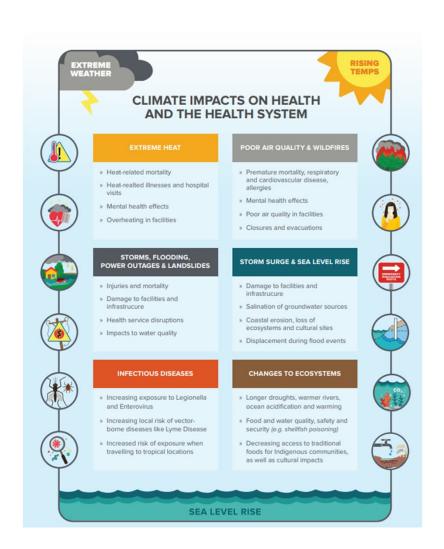


Presenters:
Dr. Kyle Merritt
Ozora Amin



What is planetary health?

- Human health and the health of our planet are inextricably linked
- "Put simply, planetary health is the health of human civilisation and the state of the natural systems on which it depends"





Caring for Patients and the Planet: Kyle's Story

- Link between patient health and planetary health
- KB Doctors and Nurses for Planetary Health
 - Working group of volunteers
- KLH FE Engaging in Climate Action
 - Funding to do this work at the site level, interest in spreading regionally
- Regional Planetary Health Table
 - Platform to have a wider impact across facilities



First Interior-wide Table

- Engagement Partners in Interior noticing MSA interest in planetary health across the region
- IH funding new position(s), initiating IH Environmental Sustainability Committees at facilities
- Convened a meeting to explore interest in regional FE table in partnership with IH in Dec. 2021
 - 9 MSA reps and 3 HA partners agree to move forward
- Decision was made to apply for funding for 2022-2023 fiscal year

Nelson/KLH Dr. Marian Berry Dr. Kyle Merritt	Trail/KBRH Dr. Seth Bitting	Revelstoke/QVH Dr. Kurt Deschner Dr. Kirk McCarroll	Salmon Arm/SLGF Dr. Nadia Widmer
Kelowna/KGH	Cranbrook/EKRH	Vernon/VGH	Fernie/EVH
Dr. Megan Hill Dr. Nicola Tam	Dr. Ilona Hale Dr. Sophia Bianchi	Dr. Allison Rankin	Dr. Lisa Tessler

Interior Health Medical

Health Officer

Dr. Sue Pollock

IH Environmental

Sustainability

Amanda McKenzie

Ozora Amin

Kamloops/RIH

Dr. Anise Barton



RPHT Strategic Priorities and Projects Underway

"LEARN - SPREAD - EMBED"

#1: LEARN

To build the table members' knowledge and understanding of Planetary Health and sustainable health systems

#2: SPREAD

To spread successful local-level initiatives to multiple sites across the IH region

#3: EMBED

To embed climate conscious health care initiatives into the IH health system

PROJECTS INITIATED

- Knowledge-sharing event
- Climate-conscious inhalers
- Medical leadership position
- Exploring projects related to reducing single use plastics, inpatient food services, and anesthetic gases



IH Climate Change and Sustainability Roadmap 2023-2028

The Roadmap sets direction for 2023-2028, detailing our plans to embed health-focused sustainability and climate change action across our organization.









The Roadmap is informed by the different roles IH plays – as an organization, healthcare provider and a community member

Through a suite of guiding principles, goals, and 20 comprehensive actions, a clear path forward has been developed to reach IH's desired future state

SUSTAINABILITY

- Natural Environment
- Social
- Governance

CLIMATE CHANGE

- Mitigation and Greenhouse Gas Reductions
- Adaptation and Resilience



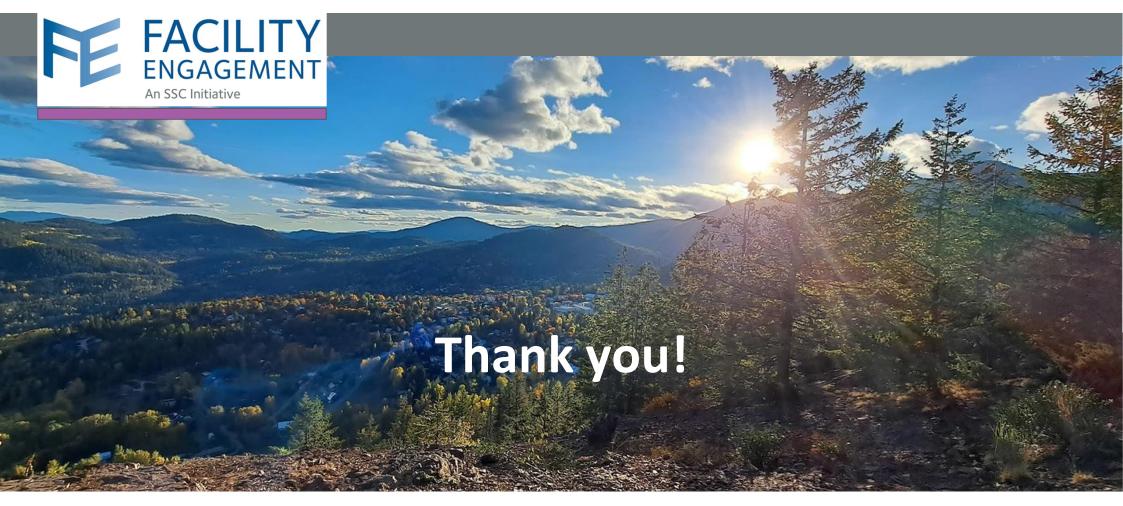
How the RPHT table can advance the roadmap

- Aligning RPHT priorities to IH Climate Change & Sustainability areas of focus and goals
- Continuous dialogue and collaboration between MSA representatives at various sites and IH partners at both the local and regional level



Planetary Health Medical Leadership

- Job description drafted for Interior Health based on VCH Senior Medical Director (SMD) for Planetary
 Health
- Position as a concept being discussed at LMAC & RMAC
- RPHT meeting with Dr. Andrea MacNeill, VCH SMD for Planetary Health, about key learnings and insights



For questions or to get in touch, contact:

RPHT FE Project Managers: Danica Burwash, danicaburwash@gmail.com & Jen Brunelle, jbrunelle@rrdfp.ca

Leah Jackson, Engagement Partner, ljackson@doctorsofbc.ca

LUNCH







Facility Engagement Showcase OCT 23-24

From Shame to Strength:

Transforming Inhibition into Empowerment

Dr. Daisy Dulay & Kristy Wolfe

Keynote Speakers







Transforming Inhibition Into Empowerment

Dr. Daisy Dulay, Cardiologist Kristy Wolfe, Digital Storytelling Facilitator

DISCUSS

how shame shows us in healthcare when seeking help

INTRODUCE

the concept of using stories as a means of healing

EXPLORE

broader implications of advocating for culture change through storytelling



Photograph by Maverick Wolfe

Conflict of Interest/Disclaimer

	-///////	
Presenter	Dr Daisy Dulay	Kristy Wolfe
Relatio	nships with comme	rcial interests:
Grants / Research Support	Facility Engagement funding from South Island MSA for QI project work	Western Canadian Children's Heart Network Rotary Club of Canmore
Speakers Bureau / Honoraria	Doctors of BC	Pediatric Cardiac Intensive Care Society
Consulting Fees		Digital story co- creation & workshops
Other	None	None



Contact us

24-hour helpline: 1 800 663 6729

Office line: 604 398 4300

Email: info@physicianhealth.com

Website: physicianhealth.com

"One of the most important benefits of reaching out to others is learning that the experiences that make us feel the most alone are actually universal."





Daisy Dulay

Oct 29, 2021, 10:20 AM





:

to kristy 🕶

Dear Kristy,

I have been meaning to write this email a while ago but have been hesitant. I was prompted when I was debating to register for the upcoming i4 conference and saw your name!

I have been worried how this might be received by you and if it would be hard to read. I want to share the positive impacts your father has had on me even now though I did not know him that well when I joined the cardiology division in Victoria in 2011. I've been struggling with being a bit of a square peg in my profession.

I can understand if you are not ready. Please do not feel the need to reply.

Regards,

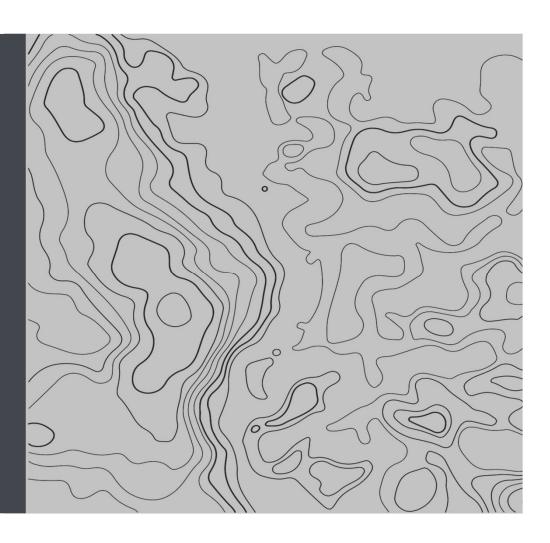
Daisy

The Path Now Taken



A digital story by Dr. Daisy Dulay

What resonated with you?



slido



What are the shame triggers for you?

i Click **Present with Slido** or install our <u>Chrome extension</u> to activate this poll while presenting.

Meaningful Moments

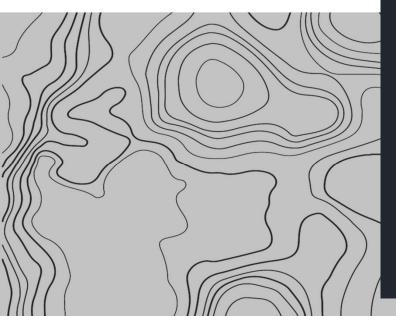






Illustration by Sonia Davis





Get in touch with us!

Daisy Dulay

Email: drdaisydulay@gmail.com

Twitter: @heartdocmom

Kristy Wolfe

Instagram: @kristy.wolfe



BREAK







Facility Engagement

Where We've Come From & Where We're Going

Cindy Myles

Director, Facility Engagement









FACILITY ENGAGMENT INTERIOR SHOWCASE

An initiative of the Specialist Services Committee, one of four joint collaborative committees of Doctors of BC and the Government of BC.

October 24, 2023



Physician Master Agreement 2014, 2018, 2022

It affects how we care for patients, yet we didn't have a say

66

We don't know who to talk to about a problem

We invited doctors but they didn't have time to come

MOU on Regional & Local Engagement

Doctors of BC, MOH + all 6 Health Authority CEOs signed and committed to:

- Strengthen communication, relationships & engagement between facility-based physicians & health authorities
- Increase meaningful physician input and involvement in health authority planning and initiatives that directly impact their work environment and patient care delivery

FACILITY ENGAGEMENT



Physician Engagement in health care organizations



DISENGAGED:

- Burnout
- Exhaustion
- Cynicism
- Reduced effectiveness
- Physician turnover



ENGAGED:

- Vigour
- Dedication
- Absorption
- Quality care
- Medical Staff Wellness





WE FACE THE SAME CHALLENGES.

Physicians / Medical staff

Health Authorities

Not enough time
Scarce resources

We care about the same things and we can't do it without each other.

System barriers

How to we deliver excellent care in the most efficient way possible?

How do we do what is needed for patients with so many pressures?

How can we work in healthier ways to also care for ourselves?

FACILITY ENGAGEMENT







SSC **SPECIALIST SERVICES** COMMITTEE

MINISTRY

OF HEALTH

2014

2019

2022

JSC JOINT STANDING COMMITTEE ON **RURAL ISSUES**

FOUR JOINT COLLABORATIVE COMMITTEES

OF BC

PMA

PHYSICIAN MASTER

AGREEMENT

SCC

SHARED CARE



+

MEMORANDUM OF

UNDERSTANDING ON REGIONAL

AND LOCAL ENGAGEMENT

MEDICAL STAFF ASSOCIATIONS/ PHYSICIAN SOCIETIES ACUTE CARE HOSPITALS AND **PROGRAMS**

FACILITY-BASED PHYSICIANS

6 HEALTH **AUTHORITIES** REGIONAL AND LOCAL

FACILITY ENGAGEMENT



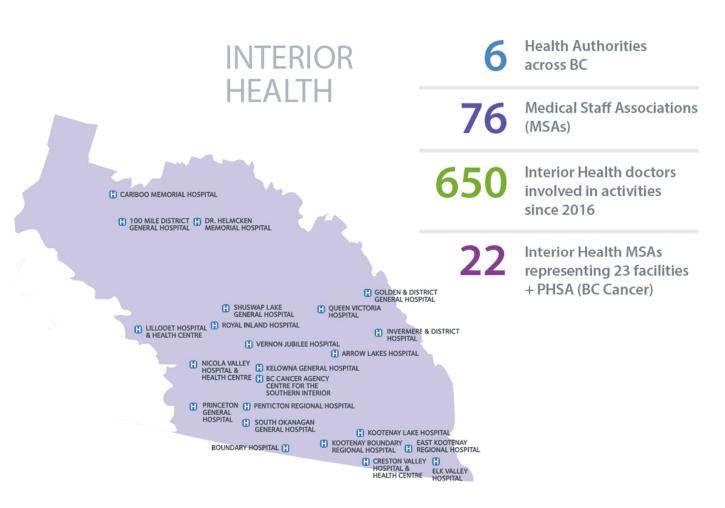
FOSTERS MEANINGFUL COLLABORATION

between medical staff associations and health authorities



- Provides funding and resources to MSAs
- Supports local and regional structures and processes for effective interactions between health authorities and MSAs
- Works with health authority leaders to support shared understanding and partnership opportunities with MSAs





Can we update these figures with Interior ones? Cindy Myles, 2023-10-17T20:00:02.266 CM0



MSA All medical staff, facility level

- Represents its members' views collectively and individually
- Provides forum to inform and connect the medical staff
- Raises significant matters to medical staff with administration, LMAC, HAMAC
- Engages medical staff locally on program and resource planning
- Fosters effective communication among medical staff and local site medical and operational leaders

HEALTH AUTHORITY

Medical & operational, multi-level

- Clinical governance, quality assurance, credentialing and privileging
- Medical staff CPD
- Managing budgets and resources (e.g., infrastructure, HHR, contracts)
- Accountable to HA Boards and MOH mandates

FACILITY ENGAGEMENT



MSA

- Maintains governance and decision-making structure
- Can manage and report on FE funds
- Works with site and regional HA medical and operational leaders to develop and sustain mechanisms for effective communication and interactions

HEALTH AUTHORITY

- Works with MSA execs to develop and sustain mechanisms for effective communication and interactions with medical staff
- Consults, involves, and collaborates with medical staff on the MOU commitments
- Provides appropriate information to medical staff to allow for more effective engagement and consultation
- Partners with MSAs on potential FE funding proposals that aligns with FE goals

FACILITY ENGAGEMENT



WHY DOES FE MATTER?

- Triad relationship between medical, operational and elected medical staff leadership = solid foundation for change
- Funding gives physicians capacity to be part of planning and solutions
- Moves away from 'us vs them' culture
- More proactive; less reactive
- Improves workplace culture recruitment and retention

FACILITY ENGAGEMENT



INCREASED...

- Communication, collegiality and collaboration amongst medical staff
- Communication and collaboration between MSAs and health authority leaders – more progress with local medical leaders
- Alignment of medical staff and health authority strategic priorities
- Medical staff collaboration across sites

FACILITY ENGAGEMENT



OPPORTUNITIES EXIST...

- For strengthening relationships and collaboration between MSAs and HAs, including operations
- To share and learn from others' successes and failures
- To improve understanding of MSA and HA roles and engagement commitments
- To improve medical staff understanding of HA structures and processes
- To continue providing resources for MSAs to develop organizationally



Facility Engagement empowers the physician voice at the table and provides the opportunity to engage in operational improvements that add quality to all staff and patients' lives. It lends the expertise and organization to move the physicians voice into action.

As an administrator, the benefits of adding quality to the workplace are infinite, especially hearing from the physician's point of view and having the dynamic skillset of FE to make it happen.

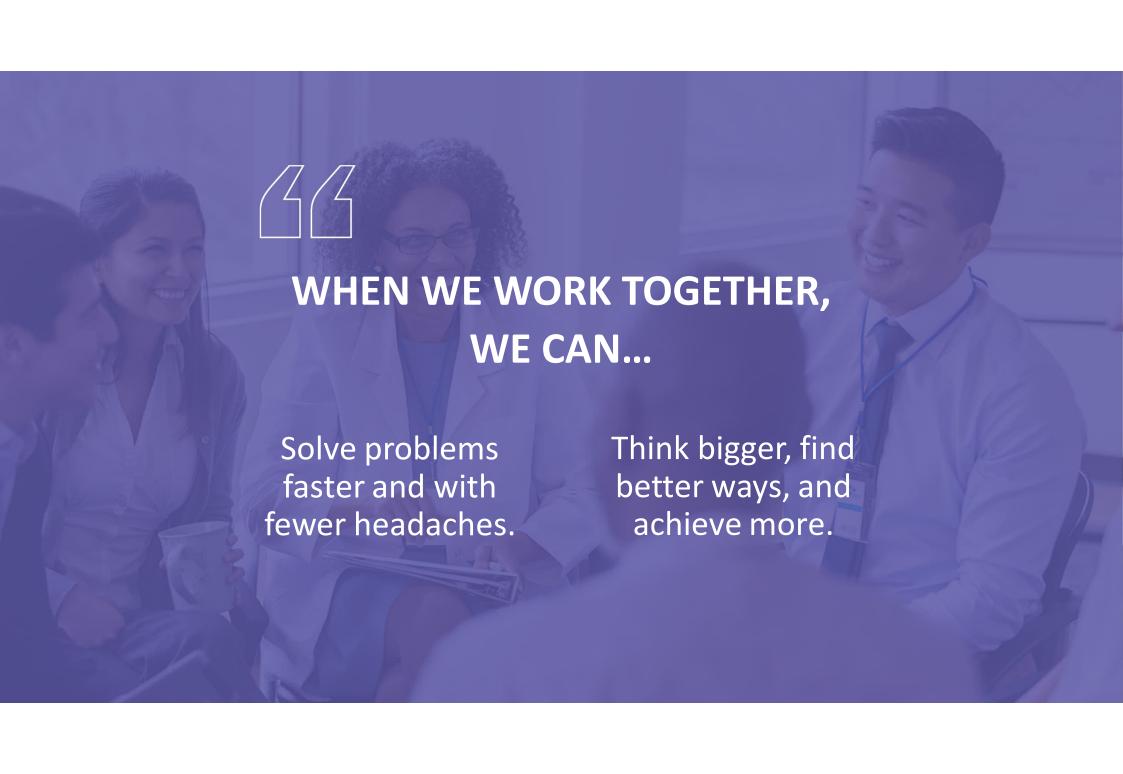
Tyler Van RamshorstDirector, Clinical Operations KLH & HCC Nelson Interior Health
Kootenay Lake Hospital





"Change is more effective when you've got united voices, and when we have the issues clearly identified so that we can figure out how to fix them."

Dr Trina Larsen Soles
Golden-based physician,
East Kootenay Patient
Transportation Committee Member





FACILITY ENGAGEMENT

- 1. Why does FE matter to you? What is working well?
- 2. Can you think of a recent innovation, activity or discovery within your facility or broader region that you believe we should explore further or that we could learn from and apply in other areas?

Where do you see opportunities for facilityengagement? What is your vision of what Facility Engagement could do (at your site, in the Interior, in the province)?

3. What do you believe are the most important next steps to advance the work of today and pursue the opportunities identified? What action steps could be taken by MSA leaders, clinicians, health authority partners, Doctors of BC?

Facility Engagement Interior Awards









Thank You







Facility Engagement Showcase OCT 23-24

We Want to Hear From You





